Course Objective: Practitioner should have a solid understanding and skill to provide Endo-nasal balloon therapy to both structural and neurological Integrating oxygen and photo biomodulation therapies into plans multidisciplinary treatment in a multidisciplinary clinical setting. Using advanced protocols for chronic cases using targeted complimentary care plans. A Bias of using new breakthroughs in stem cells therapy, IV therapies, ozone and methylene blue in a multidisciplinary clinical setting will be found throughout this course as well as a recognition to the mind body spiritual connections to activation of the true healer, which is within.

### **Course Syllabus**

Its advised to watch these video's and perform the activities suggested in them prior to the class beginning. These video's will be sent out prior to the course.

- Please read the book "It's All In Your Head" by Dr John Lieurance found on Amazon. Also listening to any podcasts online when I discuss Endo-Nasal might be very helpful.
- Video- Intro to FCR and clinical concepts of cranial therapy and Functional Neurology.
- Video- Training on Bulb / Balloon Setup and Supplies, Balloon Insertion and Placement Discussion and Practicum.

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- Video- Testing for Balloon placement and practicum. Facial and eye challenges and basic neurological testing procedures.

Practice Balloon Insertion and Placement.

- Any preparation on: Examination and Neurology of: Saccades, Eye Pursuits, Gaze Fixation and OPK's will be helpful.

Suggested practice Balloon/bulb setup, bulb palpation, and balloon placement testing at least a few days prior to the class beginning.

### Day 1 Wed May 15th- Day 1

12-2:30pm Introduction Review and Discussion and student treatments. Practice Balloon Insertion and Placement. Discuss Functional Neurology Exam Discussion of Functional Neurology. Assess Hemisphoricity through gate analysis, Right Eye Testing and examination of: Saccades, Eye Pursuits, Gaze Fixation, OPK. Discuss and practicum of treatment flow using Right Eye, Neurological Examination and balloon position and body positions based on exam and testing. Neurological exercises to use to improve outcomes on Right Eye Testing.

### 2:30-2:45 pm Break

**2:45-5:30 0pm** Practice and Live Patient Treatments with break out sessions for doctors for practicum on endo-nasal procedures.

5:30-6. Present TMJ case management including regenerative injection therapy for TMJ and Cervical Dystonia. Review of the day and Q & A

### **Thursday May 16 Day 2**

**8:30am-9:30am** Introduction to Hyperbaric oxygen and Photo biomodulation with Dr John Lieurance and Tom Kerber within a clinical protocol along with endo nasal therapy. "RED, BLUE 02"

**9:30am-12pm** Student Treatments and Live cases presented by Dr John Lieurance.

#### 12-1. Lunch Break

1-2:30pm Lecture- Endo- Nasal cases management: MARoNS, Nasal hygiene, "Taking Care of Your Doorways". 30 Day Sinus Protocol, Chronic Toxicity / Detoxification, Chronic Infection / Testing and Anti-Microbial approaches. Overview of MitoZen protocols (Melatonin in high doses, MB, NAD+, Senolytics and Fasting and CBG/CBN as cannabinoids.

**2:30-5:30pm** Practice and Live Patient Treatments with break out sessions for doctors for practicum on endo-nasal procedures. Practical application and experiential RED BLUE 02 Therapies (Photo Biomodulation with Red and NIR lights) Methylene blue and Oxygen therapies.

#### 5:30-6. Review of the day and Q & A

### Friday May 17th Day 3

**8:30-9:30** photo biomodulation, Intra-Nasal, Transcranial, Rectal, Intra Auricular & Intra Oral. Use of Methylene Blue and Photosensitizers.

**9:30am-12** Practice and Live Patient Treatments with breakout sessions for doctors for practicum on endo-nasal procedures.

#### 12-1. Lunch Break

**1-2:30pm** Lecture on Endo- Nasal cases management.

**2:30-5:30pm** Practice and Live Patient Treatments with breakout sessions for doctors for practicum on endo-nasal procedures.

#### 5:30-6. Final Review

Sat. May 18th Day 3

9:00am- 12pm Adding in spirituality into Endo- Nasal Therapy- Instructors Dr John Lieurance and Harry Paul aka "Harry the Healer". Using guided meditation, hypnotherapy, and the default mode network to enhance clinical outcomes. Addressing the mental emotional and spiritual aspects of dis-ease can be a powerful and transformational addition to the other structural and neurological corrections made in FCR. Sue of these principles will be offered during the course and the clinician will be familiar with the process leading up to this section of the course. Harry and Dr John will be providing treatments to a few individuals and discussions will follow.

Sat. at the end of the day will be passing out certificates for graduates from the FCRRI for completion of Basic Functional Cranial Release. We will be ending between 12-12:30 pm that day.

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